



WASHINGTON PHYSICIANS HEALTH PROGRAM



OVERVIEW

For 40 years, Washington Physicians Health Program (WPHP) has been Washington's trusted resource for restoring the health of medical professionals. Our confidential support and exceptional outcomes provide reassurance of safe practice and promote workforce sustainability. WPHP is an independent, physician-led, nonprofit organization.

PROGRAM HIGHLIGHTS

WPHP offers early intervention, assessment, treatment referral, and post-treatment health support for those in the medical workforce with conditions that may negatively impact practice performance. In some cases, brief assessment and referral to services are all that is needed to support health and put concerns at rest. In other cases, more help is needed and WPHP is ready to assist. Referrals to WPHP protect the well-being of health professionals and the patients they serve.

WPHP WORKS

- WPHP is highly effective with 88% of participants report needing and benefiting from WPHP advocacy.
- 87% of participants are working in their field at program completion.
- 85% of participants with substance use disorder remain abstinent at 5 years.
- 84% of colleagues report that WPHP is a valuable resource to the medical community.
- 81% of colleagues would refer another colleague to WPHP.
- 48% of program participants describe their participation in WPHP as lifesaving.

*"WPHP has made all the difference and given me my life back."
— WPHP Physician Participant*

Statistics from 2025 Surveys and Reports

WHO WE SERVE

- Allopathic, Osteopathic, and Podiatric Physicians
- Physician Assistants
- Dentists
- Veterinarians
- Students and Residents of these professions

WE HELP WITH

- Mental Health Conditions
- Non-Psychiatric Health Conditions
- Cognitive Concerns
- Substance-Related Concerns
- Depression & Anxiety
- Concerns for Suicide Risk
- Work Performance Concerns
- Trauma & Stress
- Burnout

NEED ASSISTANCE OR HAVE CONCERNS ABOUT A COLLEAGUE?

Not sure how to proceed? Contact WPHP for a confidential referral or consultation.

CALL (206) 583-0127 / (800) 552-7236

OR

VISIT [WPHP.ORG](https://www.wphp.org)



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