



WPHP's Education & Outreach in Our Medical Community

Chris Bundy, MD, MPH

Executive Medical Director, Washington Physicians Health Program

Vanessa Bloy, MSS

Communications Manager, Washington Physicians Health Program

An essential component of the Washington Physicians Health Program's (WPHP) mission is to provide education and outreach to the medical community on physician health and impairment. We are dedicated to providing physicians with accurate, evidence-based data that empowers them to recognize concerns, seek appropriate support, and make informed decisions—whether for themselves or a colleague in need. As an independent, physician-led, nonprofit organization, we strive to further strengthen awareness about WPHP and vital our role in supporting Washington's medical professionals.

Through our statewide outreach efforts, we work to advance physician health and well-being and deepen understanding of the resources available through our program. To further this goal, we recently launched two new educational tools designed to help health professionals better understand about our organization and the services we provide.

New WPHP Video

We are pleased to share our first introductory video which offers an overview of WPHP's mission, outcomes, and the transformative impact our work has across the medical community. We invite you to watch the video which is [available on our website](#).

WPHP Process Diagram

To enhance understanding of our program and the services WPHP provides, we designed an interactive diagram. It outlines WPHP's process and the paths that a health professional may embark on. WPHP offers early intervention, assessment, treatment referral, and post-treatment health support for medical professionals who may not be able to practice safely due to an impairing or potentially impairing health condition. [The diagram](#) offers a step-by-step look at what happens when a health professional contacts or is referred to WPHP.

WPHP Outreach

WPHP provides educational presentations to medical communities across Washington, highlighting our program, services, and a wide range of relevant health-related topics. Last year, we delivered 50 educational

presentations reaching 2,899 health professionals.

In addition, WPHP conducted outreach meetings and presented at conferences to demonstrate the life-saving impact of Physician Health Programs (PHPs) and their confidential support services for health conditions. Presentations also explored how PHPs can enhance health workforce safety and sustainability.

Key Outreach Themes Include:

- Early intervention & prevention: Addressing health concerns such as mental health, substance use, and burnout, early on before patient safety may be compromised.
- Well-being and resilience: Promoting safe practice, physician wellness, and workforce sustainability.
- Confidentiality and safe referral: Educating health professionals on how WPHP provides confidential and therapeutic support as an alternative to disciplinary action.

WPHP serves dentists, veterinarians, PAs, as well as students and residents of these professions. Through outreach, we connect with:

- Learners (medical students and residents) to raise awareness early about impairment risks, wellness, and available support.
- Practicing clinicians and healthcare organizations to promote health and well-being, reduce stigma, and encourage early help-seeking.
- Institutional stakeholders (university training programs, licensing boards, hospitals, healthcare organizations, associations, and commissions) to integrate system-wide supports, clarify referral pathways, and embed education about physician health and safe practice.

Newsletters, Blogs & Social Media

WPHP publishes a quarterly [Physician Health Focus](#) newsletter and shares monthly blogs featuring news and updates on various healthcare topics. Follow WPHP on [LinkedIn](#) and [Facebook](#) for posts on healthcare matters, upcoming presentations, and resources for our medical community.

WPHP in the News

WPHP regularly contributes expertise and data to research articles, medical journals, healthcare newsletters, podcasts, television programs, and publications covering medical topics. [Explore featured coverage of WPHP.](#)

WPHP Advocacy

WPHP continues to make significant strides in advocating for license and credentialing reforms and addressing systemic barriers to mental health and well-being. We partner with local and national organizations on ways to reduce stigma and bias, raise early awareness about impairment, and provide resources. Just this month WPHP was able to work collaboratively with the Washington State Credentialing Standardization Group to reform the Washington Practitioner Application (WPA). As the result of WPHP's advocacy, the most widely used credentialing application in Washington will now align with national credentialing best practices to inquire only about current impairment and not past diagnoses or treatment.

For more than 35 years, WPHP has been Washington's trusted resource for restoring the health of medical professionals. Our confidential support and exceptional outcomes provide reassurance of safe practice and promote workplace sustainability. If you or a colleague need help, please do not hesitate to reach out to us at wphp.org or 800-552-7236.

WPHP offers early intervention, assessment, treatment referral, and post-treatment health support for medical professionals who may not be able to practice safely due to an impairing or potentially impairing health condition. [The diagram](#) offers a step-by-step look at what happens when a health professional contacts or is referred to WPHP.

