



WASHINGTON  
PHYSICIANS  
HEALTH PROGRAM

2022

ANNUAL REPORT



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## A MESSAGE FROM THE DIRECTORS

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Dear Friends,

This Annual Report celebrates WPHP's 2022 accomplishments and honors our partners. Our work is based on a simple and highly effective model — confidential help, not discipline, best supports a healthy and safe healthcare workforce. WPHP works — our program participants, as well as their families, patients, and communities, all benefit from our efforts. None of this would be possible without the support of the licensees whose surcharges underwrite our work; the courageous compassion of those who reach out to us each year on behalf of themselves or a peer; the collaboration among the employers, organizations, professional associations, Boards and Commissions with whom we partner; and the dedication of our volunteer Board of Directors to guide our mission. We hope that you will share this report with your teams and partners so that we may reach all in need.

Thank you!

A handwritten signature in white ink, appearing to read "Chris Bundy", is positioned above the name and title.

Chris Bundy, MD, MPH

EXECUTIVE MEDICAL DIRECTOR

A handwritten signature in white ink, appearing to read "Sheldon Cooper", is positioned above the name and title.

Sheldon Cooper

EXECUTIVE DIRECTOR

## OUR MISSION

The mission of Washington Physicians Health Program is to facilitate the rehabilitation of health-care professionals who have physical or mental conditions that could compromise patient safety and to monitor their recovery.

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**"The staff is amazing.  
Knowledgeable,  
helpful, and truly  
dedicated to the work.  
I feel fortunate to have  
had the chance to  
participate with WPHP.**

- WPHP PARTICIPANT

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## HEALTHY DOCTORS = BETTER CARE

- Increased patient safety
- Higher patient satisfaction
- Lower professional liability risk
- Better treatment recommendations and increased treatment adherence
- Better treatment outcomes

# CONFIDENTIAL HELP, NOT DISCIPLINE

WPHP is a confidential, therapeutic  
alternative to discipline

# 87%

of participants receive help  
without ever being known to  
their licensing board

## WHAT IS WPHP'S PURPOSE?

- Promote early and confidential detection of treatable diseases
- Protect health professionals against discrimination in the workplace
- Confront stigma, bias, and discrimination through education, outreach, and advocacy

## WHAT DOES WPHP HELP WITH?

- Behavioral health: mood, anxiety disorders, etc.
- Substance use problems
- Cognitive and neurological conditions
- Burnout
- ANY health condition

## WHO WE SERVE

Allopathic, Osteopathic, and Podiatric Physicians, Physician Assistants, Dentists, Veterinarians, and the residents, students, and family members of these disciplines



## SUPPORT IS OFFERED, CONCERNS ARE PUT TO REST

# 118

New referrals  
assessed and assisted  
by WPHP in 2022

# 63

Enrolled in monitoring

WPHP provides support and  
advocacy even when monitoring  
is not recommended

# OUR IMPACT

Saving lives and preserving the health-care workforce

**90%**

Colleagues report WPHP provides exceptional service

**87%**

Colleagues report that WPHP is effective

**97%**

Colleagues report that WPHP is a valuable resource to the medical community

**94%**

Participants report being treated with courtesy and respect by WPHP

**91%**

Participants describe their WPHP experience as extremely useful or life-saving

**95%**

Participants report needing and benefiting from WPHP advocacy

## WPHP REDUCES BURNOUT



**63%**

NATIONAL AVERAGE



**1 OUT OF 4**

Participants report that WPHP saved their life

**25%**

WPHP PARTICIPANTS



**83%**

Working in their field at program completion

**84%**

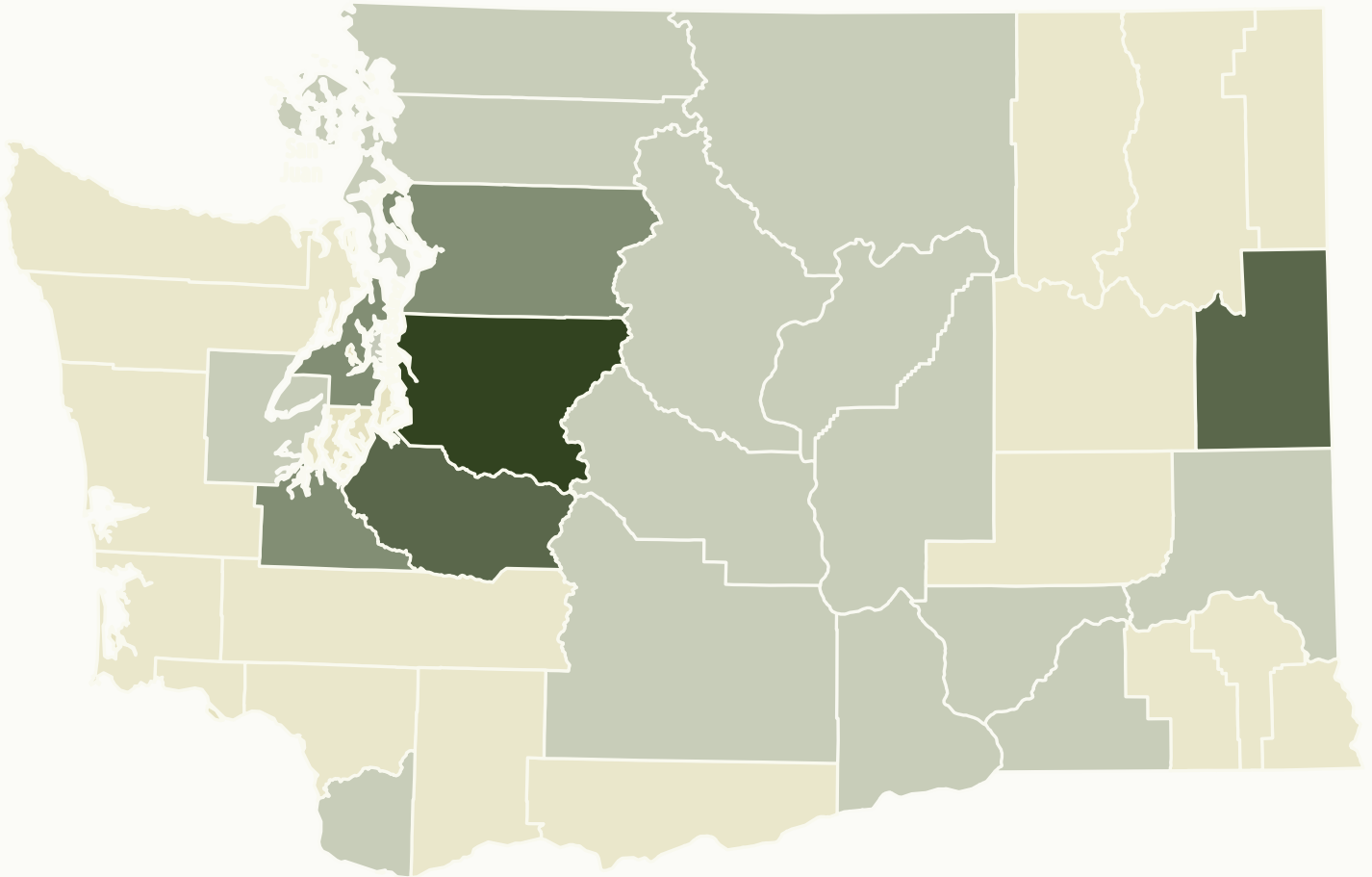
Substance Use Disorder participants relapse-free at 5 years

WPHP participants have consistently reported substantially lower rates of burnout than national averages.

# WPHP PARTICIPANTS BY LOCATION

Washington, by county:

<b>KING</b>	<b>63</b>	<b>CLARK</b>	<b>4</b>	<b>YAKIMA</b>	<b>2</b>	<b>OKANOGAN</b>	<b>1</b>
<b>SPOKANE</b>	<b>13</b>	<b>BENTON</b>	<b>3</b>	<b>DOUGLAS</b>	<b>1</b>	<b>SAN JUAN</b>	<b>1</b>
<b>PIERCE</b>	<b>11</b>	<b>SKAGIT</b>	<b>3</b>	<b>FRANKLIN</b>	<b>1</b>	<b>WALLA WALLA</b>	<b>1</b>
<b>SNOHOMISH</b>	<b>7</b>	<b>CHELAN</b>	<b>2</b>	<b>GRANT</b>	<b>1</b>	<b>WHATCOM</b>	<b>1</b>
<b>KITSAP</b>	<b>5</b>	<b>KITTITAS</b>	<b>2</b>	<b>MASON</b>	<b>1</b>	<b>WHITMAN</b>	<b>1</b>
<b>THURSTON</b>	<b>5</b>						



Out of State:

<b>CALIFORNIA</b>	<b>2</b>	<b>IDAHO</b>	<b>2</b>	<b>NEW HAMPSHIRE</b>	<b>1</b>	<b>OREGON</b>	<b>1</b>
<b>COLORADO</b>	<b>2</b>	<b>MASSACHUSETTS</b>	<b>1</b>	<b>NEW YORK</b>	<b>1</b>	<b>TEXAS</b>	<b>2</b>
<b>FLORIDA</b>	<b>1</b>	<b>NORTH CAROLINA</b>	<b>1</b>	<b>OHIO</b>	<b>1</b>	<b>UTAH</b>	<b>1</b>
<b>HAWAII</b>	<b>1</b>						



# PARTNERSHIP = STRENGTH

## EDUCATION & OUTREACH IN 2022

**51**

Hours of educational presentations

- Continuing education presentations
- Newsletter, article, and media contributions

**4,012**

Professionals reached through presentations

- Professional student and trainee education
- Outreach and consultation for health-care organizations

**68**

Outreach meetings

- Collaboration with professional organizations
- Local, regional, and national leadership service and expertise

*NOW SCHEDULING EVENTS  
FOR 2024 - 2025!*

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**"WPHP is dedicated to helping health professionals get the help and advocacy they need. WPHP is a valuable resource and bridge to return professionals to patient care. This is a critical benefit for the medical community which needs all possible health professionals in patient care during this time."**

- SUPERVISOR

## WPHP BOARD OF DIRECTORS

Tom Miller, MD, Chair

Matthew Layton, MD, PhD, FACP, DFAPA, Vice Chair

Paris Kallas, JD, Secretary

Kristin Kenny, Treasurer

Carla Ainsworth, MD, MPH

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Taya Briley, RN, MN, JD

LuAnn Chen, MD, MHA, MS, FAAFP

Lon Hatfield, MD, PhD

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Mary Collins Murphy, RN

Barbara Schneidman, MD, MPH

Brenda Suiter, MHA

Jeffrey Sung, MD



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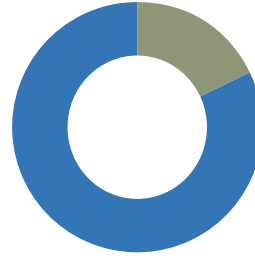
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**WPHP.ORG**

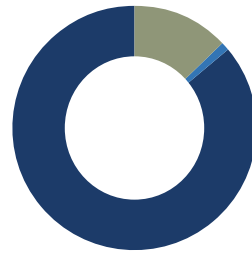
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# 2022 FINANCIAL SNAPSHOT



## FUNCTIONAL EXPENSES

**18%** MANAGEMENT & GENERAL  
**82%** PROGRAM SERVICES



## REVENUE RESOURCES\*

**13%** PARTICIPANT FEES  
**1%** DONATIONS & OTHER  
**86%** LICENSE SURCHARGES

\*Excludes WPHP's investment activity.

## DONATIONS SUPPORT FINANCIAL ASSISTANCE

On the strength of philanthropic contributions from many individuals and organizations, WPHP provided \$31,478 in grants to 26 participants in need during 2022. These contributions supported participant access to evaluation and treatment, as well as our Annual Reunion and ongoing WPHP services. We are deeply grateful to our donors for this support.