



WASHINGTON
PHYSICIANS
HEALTH PROGRAM

2023

ANNUAL REPORT



A MESSAGE FROM THE DIRECTORS

Dear Friends,

This Annual Report celebrates WPHP's 2023 accomplishments, impact, and honors our partners. Our work is based on a simple and highly-effective model—confidential help, not discipline, best supports a healthy and safe healthcare workforce. WPHP works—our program participants, as well as their families, patients, and communities, all benefit from our efforts. None of this would be possible without the support of the licensees whose surcharges underwrite our work; the courageous compassion of those who reach out to us each year on behalf of themselves or a peer; the collaboration among the employers, organizations, professional associations, Boards and Commissions, with whom we partner; and the dedication of our volunteer Board of Directors who guide our mission. We hope that you will share this report with your teams and partners so that we may reach all in need in Washington's medical community.

Thank you!

A handwritten signature in white ink, appearing to read "Chris Bundy".

Chris Bundy, MD, MPH

EXECUTIVE MEDICAL DIRECTOR

A handwritten signature in white ink, appearing to read "Sheldon Cooper".

Sheldon Cooper

EXECUTIVE DIRECTOR

OUR MISSION

The mission of Washington Physicians Health Program is to facilitate the rehabilitation of health-care professionals who have physical or mental conditions that could compromise patient safety and monitor their recovery.

"WPHP is committed to their mission with compassion and integrity. They genuinely want to help, and it shows."

- WPHP PARTICIPANT



HEALTHY DOCTORS = BETTER CARE

- Increased patient safety
- Higher patient satisfaction
- Lower professional liability risk
- Better treatment recommendations and increased treatment adherence
- Better treatment outcomes



CONFIDENTIAL HELP, TRUSTED ADVOCACY

86%

of participants receive help
without ever being known to
their licensing board

WHAT IS WPHP'S PURPOSE?

- Assist in the early detection and treatment of illnesses that could compromise safe practice
- Provide participants with credible verification of health status and program adherence when needed to support continuation or re-entry to practice
- Confront stigma, bias, and discrimination through education, outreach, and advocacy

WHAT DOES WPHP HELP WITH?

- Mental health conditions
- Medical conditions
- Cognitive issues
- Substance use disorders
- Stress and burnout
- ANY health condition

WHO WE SERVE

Allopathic, Osteopathic, and Podiatric Physicians, Physician Assistants, Dentists, Veterinarians, and the residents, students, and family members of these disciplines



SUPPORT IS OFFERED, CONCERNS ARE PUT TO REST

104

New referrals
assessed and assisted
by WPHP in 2023

56

Enrolled in a health support agreement

About half of those referred to WPHP receive support and advocacy without the need to enroll in a health support agreement

OUR IMPACT

Saving lives and preserving the health-care workforce

83%

Colleagues report WPHP treats participants with care and compassion

84%

Colleagues report that WPHP is effective

88%

Colleagues report that WPHP is a valuable resource to the medical community

91%

Participants report being treated with courtesy and respect by WPHP

87%

Participants describe their WPHP experience as extremely useful or life-saving

91%

Participants report needing and benefiting from WPHP advocacy



WPHP REDUCES BURNOUT

63%

NATIONAL AVERAGE



1 OUT OF 5

Participants report that WPHP saved their life

18%

WPHP PARTICIPANTS



83%

Working in their field at program completion

87%

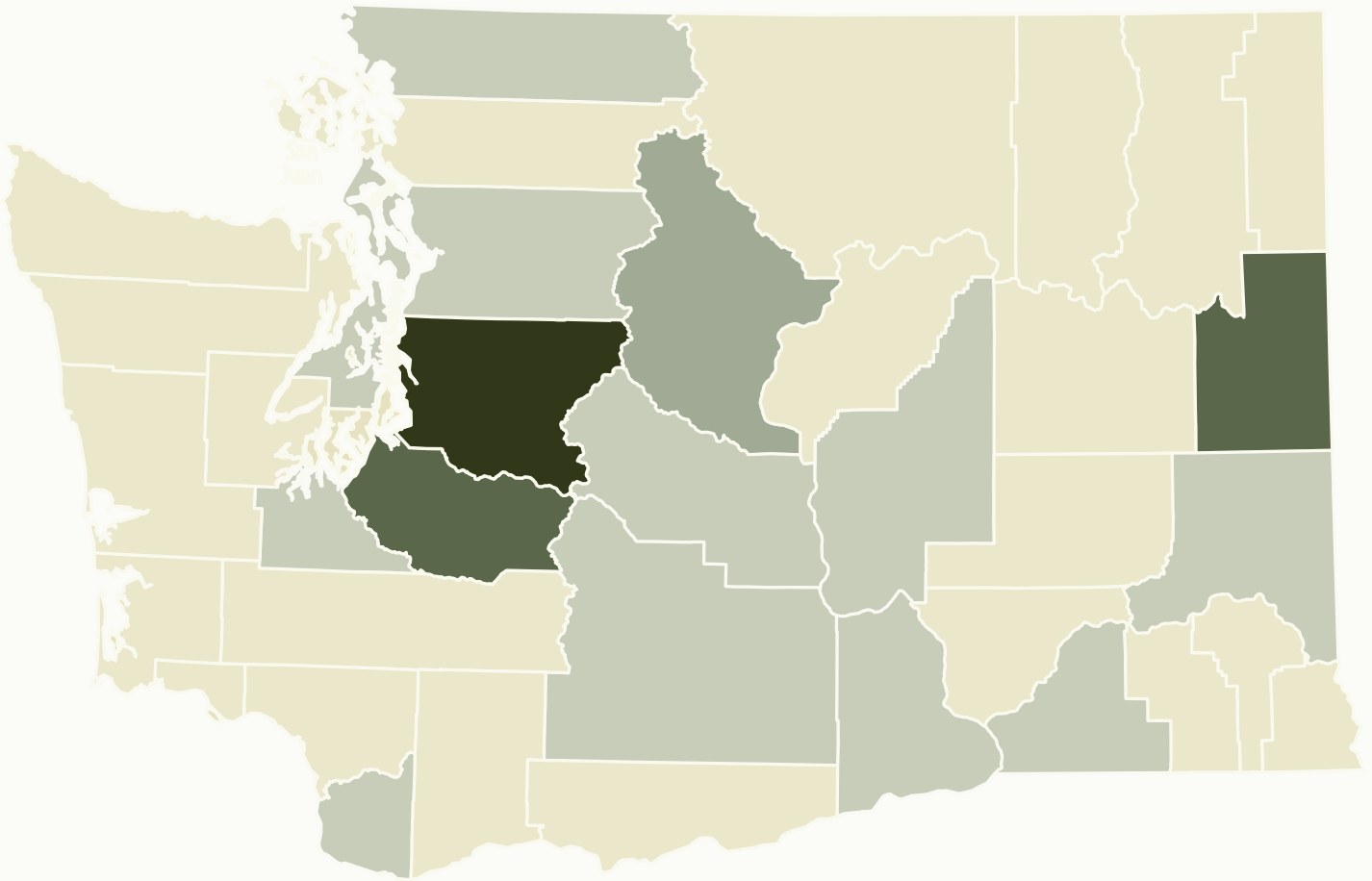
Substance Use Disorder participants with no return to use at 5 years

WPHP participants have consistently reported substantially lower rates of burnout than national averages.

WPHP REFERRALS BY LOCATION

Washington, by county:

KING	55	BENTON	4	THURSTON	3	GRANT	1
SPOKANE	12	SNOHOMISH	4	CLARK	2	KITTITAS	1
PIERCE	10	YAKIMA	4	ISLAND	2	WALLA WALLA	1
CHELAN	5	KITSAP	3	WHATCOM	2	WHITMAN	1



Out of State:

ALASKA	1	COLORADO	2	OKLAHOMA	1	BRITISH COLUMBIA	1
CALIFORNIA	3	NORTH CAROLINA	1	OREGON	5		



PARTNERSHIP = STRENGTH

EDUCATION & OUTREACH IN 2023

62

Hours of educational presentations

3,691

Professionals reached through presentations

100

Outreach meetings & conferences

39,238,500

Newsletter, article & media impressions

8,960

Social media impressions

"WPHP provides a holistic focus on physician health and offers genuine care for participants, balanced with the role of ensuring safety to practice."

- MENTAL HEALTH THERAPIST

WPHP BOARD OF DIRECTORS

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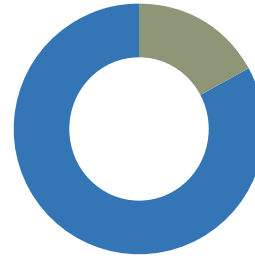
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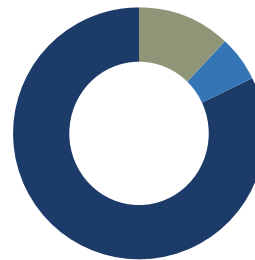
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2023 FINANCIAL SNAPSHOT



FUNCTIONAL EXPENSES

17% MANAGEMENT & GENERAL
83% PROGRAM SERVICES



REVENUE RESOURCES*

12% PARTICIPANT FEES
6% DONATIONS & OTHER
82% LICENSE SURCHARGES

*Excludes WPHP's investment activity.

DONATIONS SUPPORT FINANCIAL ASSISTANCE

On the strength of philanthropic contributions from many individuals and organizations, WPHP provided \$61,263 in grants to 40 participants in need during 2023. These contributions supported participant access to evaluation and treatment, as well as our Annual Reunion and ongoing WPHP services. We are deeply grateful to our donors for this support.