



WASHINGTON
PHYSICIANS
HEALTH PROGRAM

The background of the lower half of the cover is a photograph of a coastal landscape. In the foreground, there is a body of water. Behind it, a densely forested hillside slopes down towards the water. In the background, a large, snow-capped mountain peak is visible under a warm, golden-yellow sky, suggesting a sunrise or sunset. The large white text '2021' is superimposed over the right side of the image.

2021

ANNUAL REPORT



A MESSAGE FROM THE DIRECTORS

Dear Friends,

This Annual Report celebrates WPHP's 2021 accomplishments and honors our partners. Our work is based on a simple and highly effective model—confidential help, not discipline—deployed with accountability, consistency, and excellence. WPHP works—the health professionals we support, as well as their families, patients, and communities, all benefit from our efforts. None of this would be possible without the support of the licensees whose surcharges underwrite our work; the courageous compassion of those who reach out to us each year on behalf of themselves or a peer; the collaboration among the employers, organizations, professional associations, Boards and Commissions with whom we partner; and the dedication of our volunteer Board of Directors to guide our mission. As COVID-19 tests the reserves of the healthcare workforce, the importance of that mission has never been more clear.

Thank you!

Chris Bundy, MD, MPH

EXECUTIVE MEDICAL DIRECTOR

Sheldon Cooper

EXECUTIVE DIRECTOR

OUR MISSION

The mission of Washington Physicians Health Program is to facilitate the rehabilitation of health-care professionals who have physical or mental conditions that could compromise patient safety and to monitor their recovery.

"A lot of people out there are suffering and there is hope. Help is available. Asking for help is a sign of strength, not a weakness. Don't wait too long to ask for it. WPHP has the resources and the expertise to help us navigate the difficult situations. I want to thank everyone at WPHP for doing all that you do to keep us on the straight path."

– WPHP PARTICIPANT



HEALTHY DOCTORS = BETTER CARE

- Increased patient safety
- Higher patient satisfaction
- Lower professional liability risk
- Better treatment recommendations and increased treatment adherence
- Better treatment outcomes

CONFIDENTIAL HELP, NOT DISCIPLINE

WPHP is a confidential, therapeutic
alternative to discipline.

88%

of participants receive help
without ever being known to
their licensing board

WHAT IS WPHP'S PURPOSE?

- Promote early and confidential detection of treatable diseases
- Protect health professionals against discrimination in the workplace
- Confront stigma, bias, and discrimination through education, outreach, and advocacy

WHAT DOES WPHP HELP WITH?

- Behavioral health: mood, anxiety disorders, etc.
- Substance use problems
- Cognitive and neurological conditions
- Burnout
- ANY health condition

WHO WE SERVE

Allopathic, Osteopathic, and Podiatric Physicians, Physician Assistants, Dentists, Veterinarians, and the residents, students, and family members of these disciplines.



126

Individuals **referred to WPHP** in 2021

96

Met with WPHP
76% of those referred came in

60

Joined WPHP
48% of those referred signed agreements

About half of those we see receive
help and referral to additional care
without the need for monitoring.

OUR IMPACT

Benefits extend beyond addressing the impairing illness.

89%

Stakeholders reported being satisfied or very satisfied with WPHP's services

95%

Stakeholders reported WPHP as being effective or very effective

98%

Participants felt like they were treated with courtesy and respect by WPHP staff

81%

Current participants rated program satisfaction as good to excellent

93%

Program graduates identified needing and benefitting from WPHP advocacy

WPHP REDUCES BURNOUT

45%

NATIONAL AVERAGE



24%

WPHP PARTICIPANTS



WPHP participants have consistently reported substantially lower rates of burnout than national averages.



83%

Working in their field at program completion

96%

Described their WPHP experience as extremely useful or life-saving

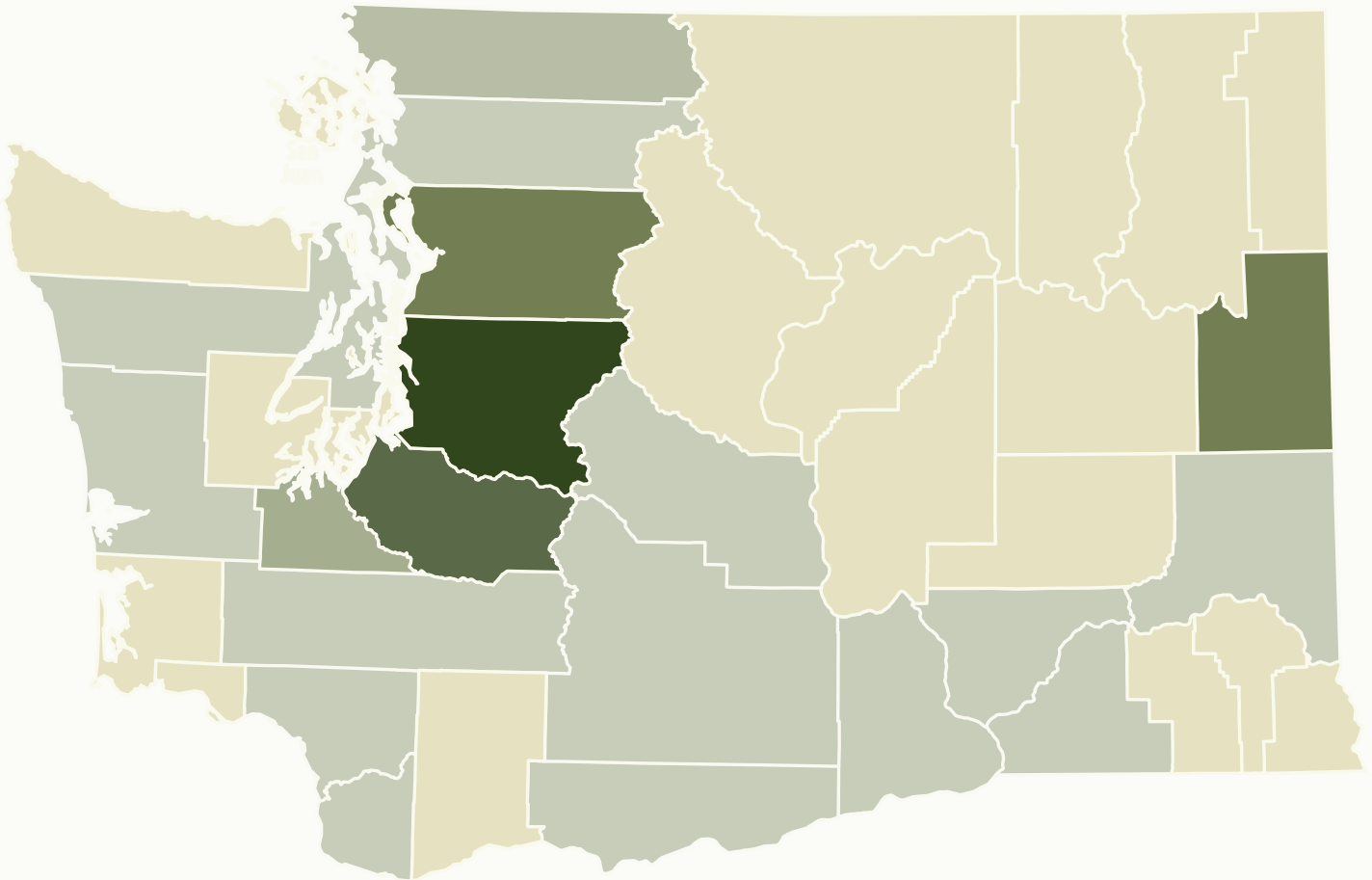
93%

Substance Use Disorder participants relapse-free at 4 years

WPHP PARTICIPANTS BY LOCATION

Washington, by county:

KING	43	BENTON	4	WHITMAN	2	JEFFERSON	1
PIERCE	13	KITSAP	3	YAKIMA	2	Klickitat	1
SNOHOMISH	11	KITTITAS	3	CLARK	1	SKAGIT	1
SPOKANE	11	COWLITZ	2	FRANKLIN	1		
THURSTON	8	LEWIS	2	GRAYS HARBOR	1		
WHATCOM	5	WALLA WALLA	2	ISLAND	1		



Out of State:

ALASKA	1	KANSAS	1	NORTH CAROLINA	1	TEXAS	1
COLORADO	1	KENTUCKY	1	PENNSYLVANIA	2		



PARTNERSHIP = STRENGTH

EDUCATION & OUTREACH IN 2021

58

Hours of educational presentations

- Continuing education presentations
- Newsletter and article contributions

3,433

Professionals reached through presentations

- Professional student and trainee education
- Outreach and consultation for health-care organizations

81

Outreach contacts

- Collaboration with professional organizations
- Local, regional, and national leadership service and expertise

710,906

Professionals reached through social media

*NOW SCHEDULING
EVENTS FOR
2023 - 2024!*

"WPHP is very helpful and has many strengths. Its staff is very competent and compassionate and they provide an excellent service to the medical and non-medical community."

- RESIDENCY PROGRAM DIRECTOR

WPHP BOARD OF DIRECTORS

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1200 6TH AVE, SUITE 850
SEATTLE, WA 98101

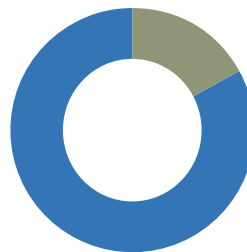
PHONE: (206) 583-0127
TOLL-FREE: (800) 552-7236

WPHP.ORG

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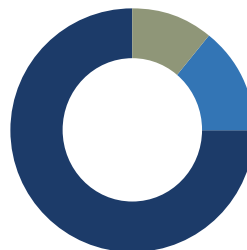
2021

FINANCIAL SNAPSHOT



FUNCTIONAL EXPENSES

17% MANAGEMENT & GENERAL
83% PROGRAM SERVICES



REVENUE RESOURCES

11% PARTICIPANT FEES
14% DONATIONS & OTHER
75% LICENSE SURCHARGES

DONATIONS SUPPORT FINANCIAL ASSISTANCE

On the strength of philanthropic contributions from many individuals and organizations, **WPHP provided \$33,650 in grants to 20 participants in need during 2021.** These contributions supported participant access to evaluation and treatment, as well as our Annual Reunion and ongoing WPHP services. We are deeply grateful to our donors for this support.