

2018

Dear Friends,

This Annual Report celebrates WPHP's 2018 accomplishments and honors our partners. While the work we do is complex, it is based on a simple and highly effective model deployed with accountability, consistency, and excellence. WPHP works — the health professionals we support, as well as their families, patients and communities, all benefit from our efforts. None of this would be possible without the support of the licensees whose surcharges underwrite our work; the courageous compassion of those who reach out to us each year on behalf of themselves or a peer; the collaboration among the employers, organizations, professional associations, Boards and Commissions with whom we partner; and the dedication of our volunteer Board of Directors to guide our mission. Thank you!

Chris Bundy, MD, MPH
Executive Medical Director

Sheldon Cooper
Executive Director

Healthy
Doctors =
Better
Care



- ▶ Decreased medical errors
- ▶ Increased patient satisfaction
- ▶ Better treatment recommendations and increased treatment adherence
- ▶ Lower malpractice risk
- ▶ Better treatment outcomes such as post-hospital discharge recovery times

TESTIMONIAL

“Recently through consultation with WPHP and following their recommendations, I have finally been able to achieve and maintain sobriety. I am extremely happy with my life now, and credit WPHP with playing a critical role in helping me achieve it.”

OUR MISSION

To facilitate the rehabilitation of healthcare professionals who have physical or mental conditions that could compromise patient safety and to monitor their recovery.



HELP NOT DISCIPLINE

WPHP is a confidential, therapeutic alternative to discipline



of participants receive help without ever being known to their licensing board

WHAT IS WPHP'S PURPOSE?

- ▶ Protect the patients of Washington
- ▶ Promote early detection of treatable diseases
- ▶ Rehabilitate healthcare providers
- ▶ Keep safe and healthy professionals in practice

WHAT DOES WPHP HELP WITH?

- ▶ Behavioral health: mood, anxiety disorders, etc.
- ▶ Substance use problems
- ▶ Cognitive and neurological conditions
- ▶ Burnout
- ▶ ANY health condition



Individuals referred to WPHP in 2018



Met with WPHP. 85% of those referred came in.



Joined WPHP. 44% of those referred signed contracts.

Over 1/2 of referrals are cleared, concerns are put to rest

WPHP PARTICIPANTS BY LOCATION

Out of State:

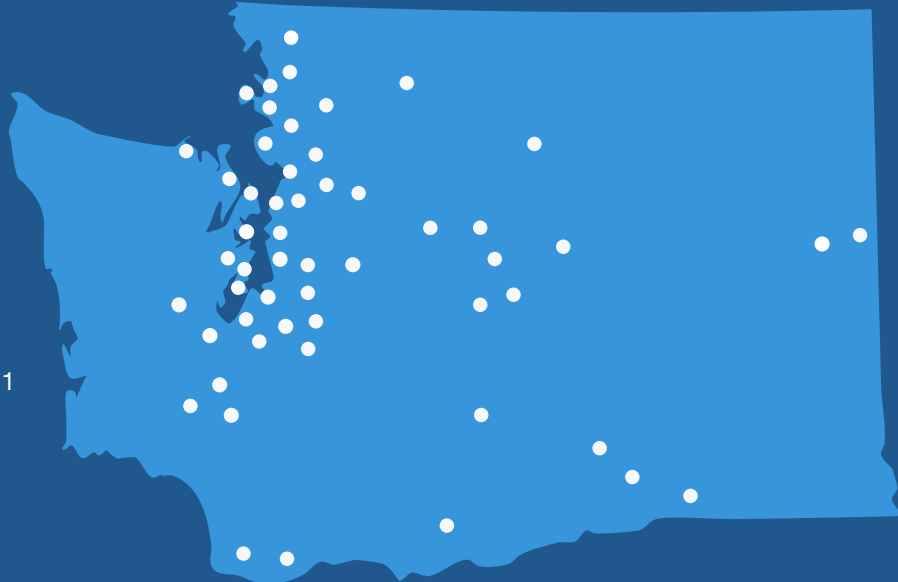
Alabama 2
Arizona 1
Idaho 5
Louisiana 2
Michigan 1
Montana 1

Washington:

Anacortes 1
Arlington 3
Auburn 3
Bainbridge
Island 2
Bellevue 5
Bellingham 2
Bothell 2
Brewster 1
Camano 1
Camas 1
Cashmere 1
Centralia 1

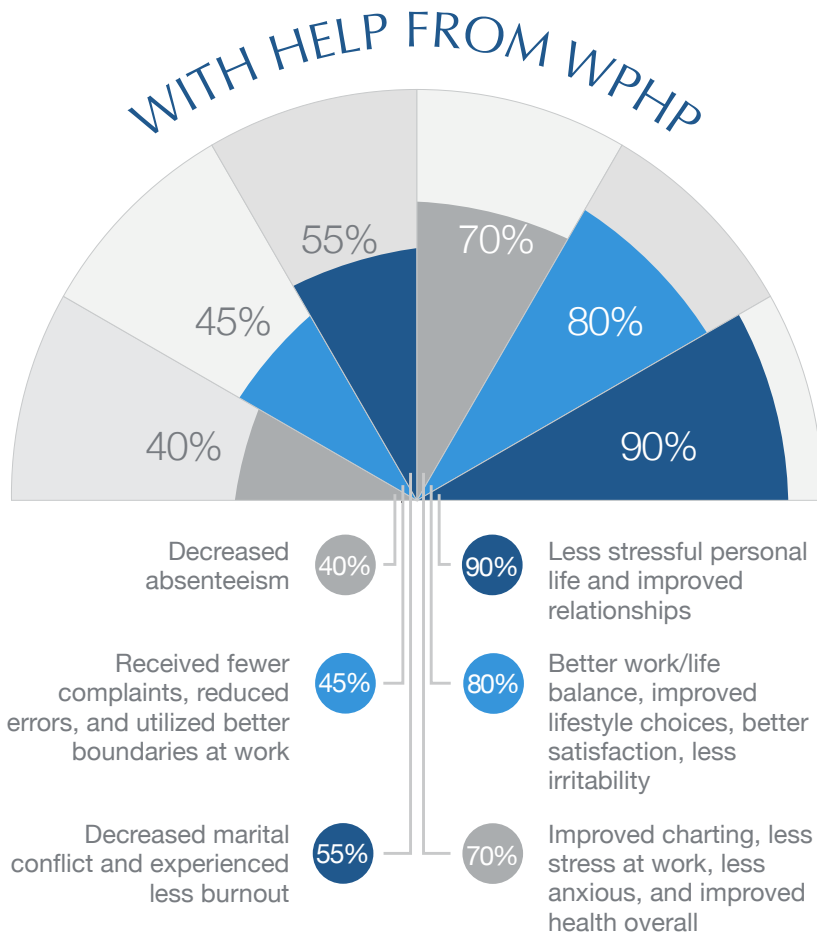
Chehalis 1
Covington 1
Edmonds 1
Ellensburg 2
Everett 1
Federal Way 1
Gig Harbor 1
Goldendale 1
Greenacres 1
Issaquah 1
Kennewick 2
Kirkland 3
Kittitas 1
Lakewood 1
Lynnwood 1
Medina 1
Mercer Island 4
Moses Lake 1
Mt. Vernon 6
Oak Harbor 1
Olympia 6
Port Ludlow 1

Puyallup 2
Redmond 2
Renton 1
Richland 2
Ruston 1
Seatac 1
Seattle 46
Sequim 1
Shelton 2
Spokane 11
Sumner 1
Tacoma 5
Tumwater 1
University Place 1
Vancouver 11
Vashon 1
Walla Walla 1
Wenatchee 2
Woodinville 1
Yakima 1



WPHP WORKS

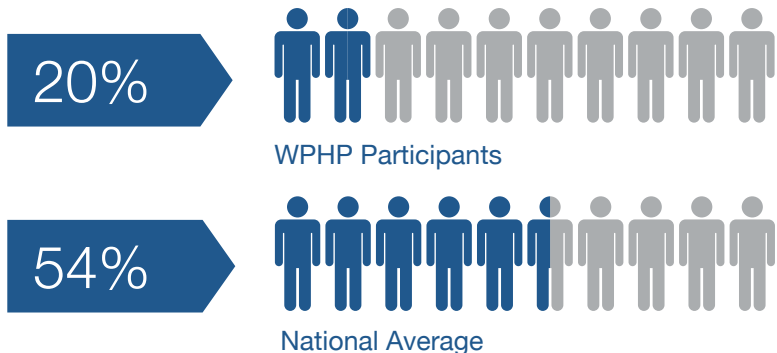
Benefits extend beyond impairing illness



- 90%** Working in their field at program completion
- 80%** Substance Use Disorder participants relapse-free at 5 years
- 80%** Describe their WPHP experience as extremely useful or life-saving
- 50%** Decrease in malpractice risk

WPHP REDUCES BURNOUT

Nationally, 54% of physicians experience burnout while only 20% of WPHP participants do.



TESTIMONIAL

“I was referred to the Washington Physicians Health Program (WPHP) through my work due to health issues which prevented me from performing at my best level. Initially, I did not have much knowledge around how the process works and was very nervous about the length of time this would take. Once I met the WPHP team during the first interview, things were clearer and everyone was very receptive and caring. The team was considerate and allowed me to participate in the treatment program of my choice. I realized that they all wanted the best for me and this is what provided reassurance for me to enter the process of treatment feeling more comfortable...I am grateful to have gone through the process of treatment with the assistance of, and coordination from, WPHP and to have gained my health back. I am doing much better and look forward to what the future has to offer.”

PARTNERSHIP = STRENGTH

WHO WE SERVE Allopathic, Osteopathic, and Podiatric Physicians, Physician Assistants, Dentists, and Veterinarians, residents and the students and families of these disciplines

EDUCATION & OUTREACH

66 Hours of educational presentations in 2018

3,086 Professionals reached through presentations in 2018

27 Outreach contacts in 2018

Now scheduling events for 2020 - 2021!

- ▶ Continuing education presentations
- ▶ Newsletter and article contributions
- ▶ Professional student and trainee education
- ▶ Outreach and consultation for healthcare organizations
- ▶ Collaboration with professional organizations
- ▶ Local, regional, and national leadership service, and expertise

WPHP BOARD OF DIRECTORS

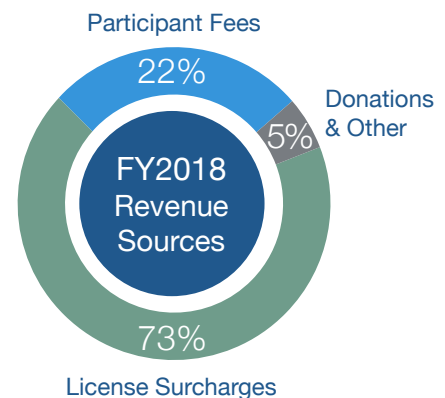
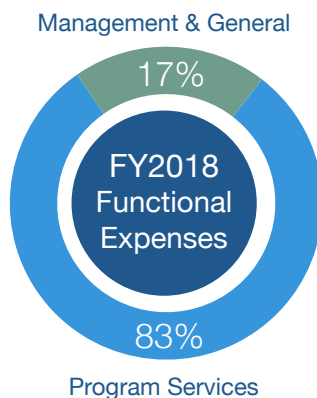
Lon Hatfield, MD, PhD, Chair
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Brad McPhee, DDS, Treasurer

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Thomas Curry
Lyle Larson, PA-C, PhD
Matt Layton, MD, PhD

Mary-Lou Misrahy, ARM
Mary Collins Murphy, RN
Antonio Pedroza, MD
Brenda Suiter, MHA

Edward Walker, MD, MHA
John Wynn, MD, DFAPA

FINANCIAL SNAPSHOT



DONATIONS SUPPORT FINANCIAL ASSISTANCE

On the strength of philanthropic contributions from many individuals and organizations, WPHP provided \$15,612 in grants to participants in need during 2018. These contributions supported 26 participants to access evaluations and treatment, as well as our Annual Reunion and ongoing WPHP services. We are deeply grateful to our donors for this support.