



WASHINGTON
PHYSICIANS
HEALTH PROGRAM

2020

ANNUAL REPORT



A MESSAGE FROM THE DIRECTORS

Dear Friends,

This Annual Report celebrates WPHP's 2020 accomplishments and honors our partners. Our work is based on a simple and highly effective model – confidential help, not discipline – deployed with accountability, consistency, and excellence. WPHP works – the health professionals we support, as well as their families, patients, and communities, all benefit from our efforts. None of this would be possible without the support of the licensees whose surcharges underwrite our work; the courageous compassion of those who reach out to us each year on behalf of themselves or a peer; the collaboration among the employers, organizations, professional associations, Boards and Commissions with whom we partner; and the dedication of our volunteer Board of Directors to guide our mission. As we emerge from the ravages of COVID-19, the importance of that mission has never been more clear.

Thank you!

Chris Bundy, MD, MPH

EXECUTIVE MEDICAL DIRECTOR

Sheldon Cooper

EXECUTIVE DIRECTOR

OUR MISSION

The mission of Washington Physicians Health Program is to facilitate the rehabilitation of health-care professionals who have physical or mental conditions that could compromise patient safety and to monitor their recovery.

**“My perception of the WPHP
has continued to improve
with time. I also believe
that as an organization it is
willing to learn and to grow
to best meet the needs of the
public and its participants.”**

– WPHP PARTICIPANT



HEALTHY DOCTORS = BETTER CARE

- Decreased medical errors
- Increased patient satisfaction
- Better treatment recommendations and increased treatment adherence
- Lower malpractice risk
- Better treatment outcomes such as post-hospital discharge recovery times

CONFIDENTIAL HELP, NOT DISCIPLINE

WPHP is a confidential, therapeutic
alternative to discipline.

89%

of participants receive help
without ever being known to
their licensing board

WHAT IS WPHP'S PURPOSE?

- Promote early and confidential detection of treatable diseases
- Protect health professionals against discrimination in the workplace
- Confront stigma, bias, and discrimination through education, outreach, and advocacy

WHAT DOES WPHP HELP WITH?

- Behavioral health: mood, anxiety disorders, etc.
- Substance use problems
- Cognitive and neurological conditions
- Burnout
- ANY health condition

WHO WE SERVE

Allopathic, Osteopathic, and Podiatric Physicians, Physician Assistants, Dentists, Veterinarians, and the residents, students, and family members of these disciplines.



110

Individuals **referred to WPHP** in 2020

91

Met with WPHP
83% of those referred came in

54

Joined WPHP
49% of those referred signed agreements

About half of those we see receive
help and referral to additional care
without the need for monitoring.

OUR IMPACT

Benefits extend beyond addressing the impairing illness.

WITH HELP FROM WPHP:*

87%

Stakeholders reported being satisfied or very satisfied with WPHP's services

87%

Stakeholders reported WPHP as being effective or very effective

96%

Participants felt like they were treated with courtesy and respect by WPHP staff

85%

Current participants rated program satisfaction as good to excellent

74%

Program graduates identified needing and benefitting from WPHP advocacy

**Statistics indicate the proportion of WPHP survey respondents reporting improvements they attribute to the program.*



WPHP REDUCES BURNOUT

50%

NATIONAL AVERAGE



10%

WPHP PARTICIPANTS



Nationally, about half of physicians experience burnout, while only 10% of WPHP participants do.

88%

Working in their field at program completion

85%

Described their WPHP experience as extremely useful or life-saving

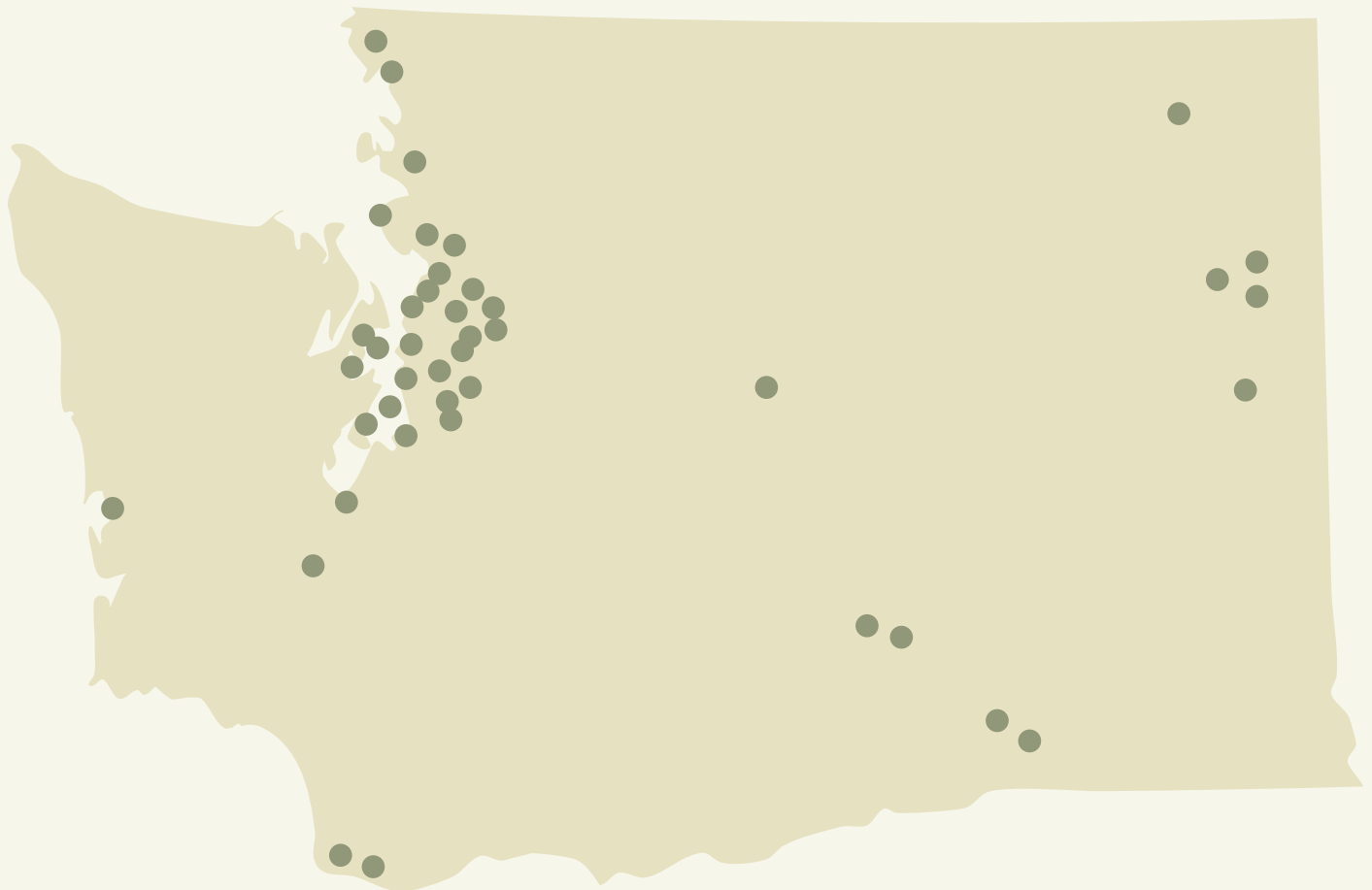
80%

Substance Use Disorder participants relapse-free at 5 years

WPHP PARTICIPANTS BY LOCATION

Washington:

ABERDEEN	1	COLVILLE	2	MAPLE VALLEY	2	SNOHOMISH	1
BAINBRIDGE ISLD.	2	EDMONDS	2	MILL CREEK	3	SPOKANE	4
BELLEVUE	1	ELK	2	MT. VERNON	2	TACOMA	7
BELLINGHAM	6	EVERETT	1	NINE MILE FALLS	1	VANCOUVER	3
BOTHELL	1	FERNDALE	1	OLYMPIA	2	VASHON	1
BREMERTON	2	GIG HARBOR	1	POULSBO	1	WAPATO	1
BUCKLEY	1	ISSAQUAH	4	RENTON	1	WENATCHEE	2
BURIEN	1	KENNEWICK	2	RICHLAND	1	WOODINVILLE	1
CAMANO ISLAND	1	KIRKLAND	1	ROCHESTER	1	YAKIMA	1
CAMAS	2	LAKE TAPPS	1	SAMMAMISH	1		
CHENEY	1	LYNNWOOD	1	SEATTLE	24		



Out of State:

FLORIDA	2	LOUISIANA	1	OREGON	4
GEORGIA	2	MONTANA	1	RHODE ISLAND	1
INDIANA	1	OHIO	1	TEXAS	1



PARTNERSHIP = STRENGTH

EDUCATION & OUTREACH IN 2020

40

Hours of educational presentations

- Continuing education presentations
- Newsletter and article contributions

2,467

Professionals reached through presentations

- Professional student and trainee education
- Outreach and consultation for health-care organizations

75

Outreach contacts

- Collaboration with professional organizations
- Local, regional, and national leadership service and expertise

51,000

Professionals reached through social media

*NOW SCHEDULING
EVENTS FOR
2022 - 2023!*

"I am Chief Personnel Officer in an approximately 100 provider organization. I have contacted WPHP on a number of occasions regarding individual providers with personal challenges as well as to obtain general information on impairment from substances and physical/mental health concerns. My experience is that individual referrals are prompt, thorough, and compassionate. It makes my life so much easier in determining the appropriate level of work for the individual. WPHP makes the decisions regarding monitoring and treatment and then recommends work accommodations as needed. When I have a general question there is evidence-based guidance with additional articles. I also appreciate the wellness program, which focuses on prevention of issues that impair well-being. The health-care professionals, their employers, and patients of Washington are fortunate to have such a wonderful state resource."

- CHIEF PERSONNEL OFFICER, PARTICIPANT EMPLOYER, AND REFERENT

WPHP BOARD OF DIRECTORS

Rob Benedetti, MD

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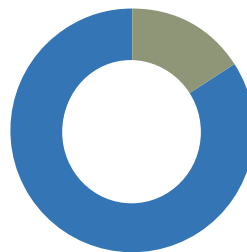
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WPHP.ORG

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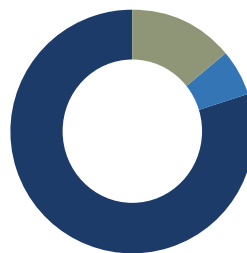
2020

FINANCIAL SNAPSHOT



FUNCTIONAL EXPENSES

16% MANAGEMENT & GENERAL
84% PROGRAM SERVICES



REVENUE RESOURCES

14% PARTICIPANT FEES
6% DONATIONS & OTHER
80% LICENSE SURCHARGES

DONATIONS SUPPORT FINANCIAL ASSISTANCE

On the strength of philanthropic contributions from many individuals and organizations, **WPHP provided \$13,570 in grants to participants in need during 2020.** These contributions supported 10 participants to access evaluations and treatment and ongoing WPHP services. We are deeply grateful to our donors for this support.